

Hip and Knee Pain Questionnaire

Dr. Adam Rosen

Date: _____

Name: _____ DOB: _____ Age: _____

Male / Female (circle one)

Height: _____ Weight: _____ BMI: _____

Please provide information of your doctor (s) if you would like them to receive information regarding your care/treatment:

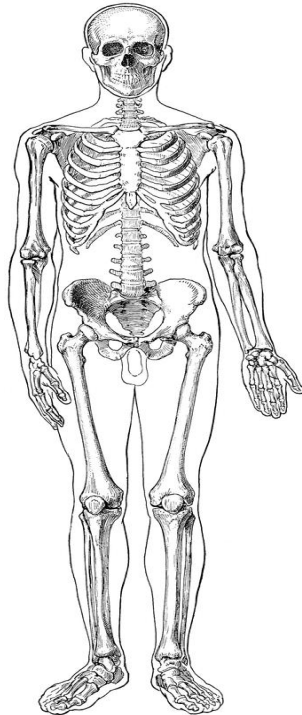
Primary Care Doctor (Name, address and phone number):

Specialty Doctors (such as cardiologist)

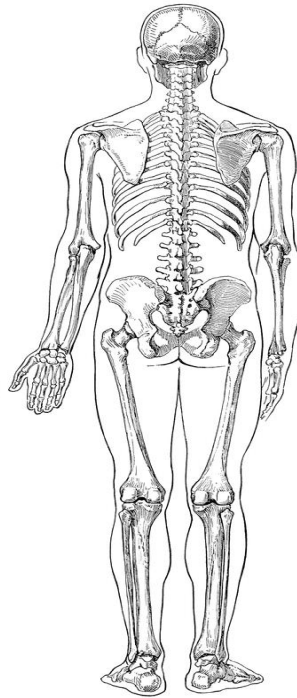
Chief Complaint (please indicate right or left):

Please circle/indicate where you are experiencing symptoms:

Front



Back



If this was a specific injury, when did it occur? _____

Please rate your pain on a scale of 0-10, 0 being no pain: _____

How long have you had this problem? _____

What makes your problem better? _____

What makes your problem worse? _____

Do you feel that your legs are unequal? _____

How would you describe your symptoms (check all that apply):

mild

moderate

severe

aching

sharp

dull

clicking/catching

swollen

numb

tingling

occasional

constant

wakes you up at night

stabbing

throbbing

sore

radiating/shooting

unstable/giving out

stiffness

other _____

Previous treatments have included (check all that apply):

- Rest
- Ice or Heat
- Topicals (BenGay, IcyHot, Traumeel, CBD)
- Oral anti-inflammatories (Advil, Aleve, ibuprofen, Naprosyn, etc.)
- Tylenol
- Narcotics (please specify): _____
- Brace
- Physical Therapy (if yes, when?) _____
- Cortisone injections: date _____
- Viscosupplementation injections (please circle): date: _____
(Synvisc, Hyalgan, Supartz, Euflexxa, Orthovisc, Durolane)

- Use of assistive device (please circle):

Cane Crutches Walker Wheelchair

- Other: _____

How far can you walk?

- unlimited
- 4-6 blocks
- 2-3 blocks
- indoors only
- limited to bed to chair transfers

How do you use stairs?

- normally (one foot on each step)
- with railing for support
- with great difficulty
- unable to climb stairs

How do you apply socks and shoes?

- with ease
- with difficulty
- unable to

How long can you sit in a chair?

- greater than 1 hour
- comfortably for 1/2 hour
- unable to sit comfortably

If needed could you use public transportation (bus, subway, train, etc.)?

- yes, with ease
- yes, with difficulty
- no

Medical History (please check all that apply):

- Anemia
- Asthma
- Bleeding Disorder
- Blood Clots
- Cancer (please specify): _____
- Coronary Artery Disease (heart attack and/or stroke)
- Depression
- Diabetes
- Gout
- Hypertension (high blood pressure)
- Infectious Disease (please specify): _____
- Kidney Disease
- Liver Disease
- Osteoporosis
- Rheumatoid Arthritis
- Thyroid Disease
- Other (please specify): _____

Surgical History (please list past surgeries, doctor and approximate dates):

Medications, including over the counter and/or herbals:
(please list medication, dose, and frequency)

Allergies to medications or metals (please list):

Social History (please check all that apply):

Single Married Separated / Divorced Widowed

Live alone

Alcohol Use (how much and how often): _____

Tobacco Use (how much and how often): _____

Illicit Drug Use (what, how much, and how often): _____

Occupation (please specify): _____

Retired

Disabled

Exercise (what type and how often): _____

Review of Systems

(Indicate if you have experienced any of the following in the recent past)

Constitutional

- fever
- chills
- recent weight gain ___ lbs
- recent weight loss ___ lbs

Eyes

- blurry vision
- glaucoma
- dry eyes
- eye infection

ENT

- ringing in the ears
- sore throat
- hoarseness

Cardiovascular

- slow heart rate
- fast heart rate
- chest pain
- palpitations
- lower extremity edema

Respiratory

- shortness of breath
- wheezing
- cough

Heme/Lymph

- easy bleeding
- easy bruising

Musculoskeletal

- muscle pain
- joint pain
- joint swelling
- joint stiffness

Integumentary

- skin rash
- skin wound
- itching

Neurological

- numbness
- dizziness
- fainting
- headaches

Gastrointestinal

- difficulty swallowing
- heartburn
- nausea
- vomiting
- constipation

Genitourinary

- dysuria
- incontinence

Patient Signature: _____ Date: _____